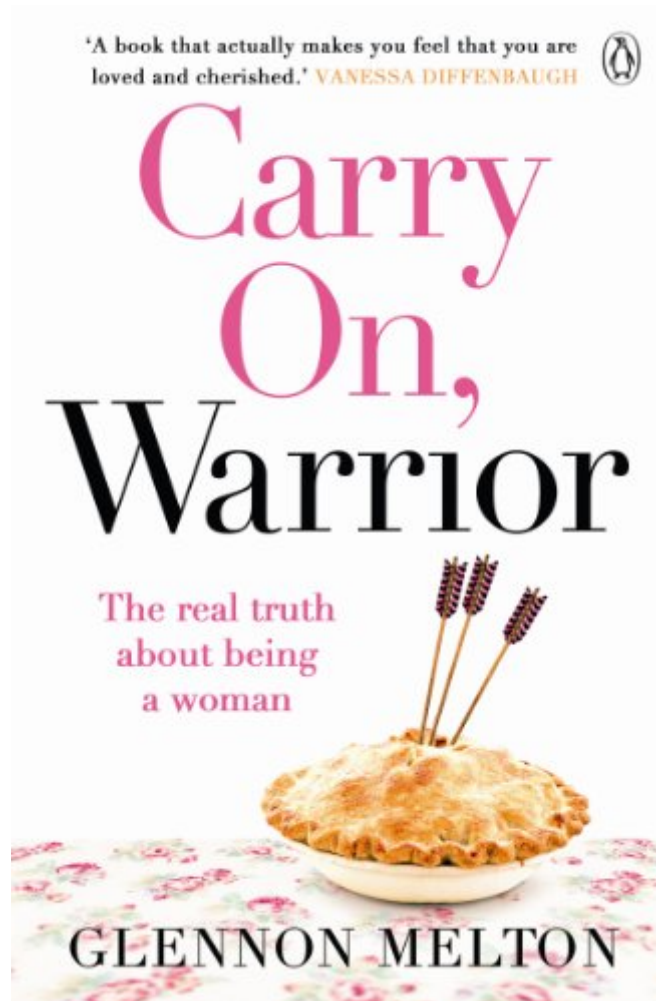


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# Carry On, Warrior: The Real Truth About Being A Woman



## Synopsis

Be inspired and empowered by Carry on, Warrior by Glennon Melton. Here's my hunch: nobody's secure, and nobody feels like she completely belongs. Those insecurities are just job hazards of being human. But some people dance anyway, and those people have more fun. On my deathbed, I'm not going to wish I had danced like JLo; I'm just going to wish I had danced more. On Mother's Day, 2002, Glennon Melton was unmarried, addicted to drugs, booze, food and bad love. Her criminal record had grown steadily more muddled in her desperate quest for escapism. But by a strange twist of fate, it was on this day that she discovered she was pregnant. After twenty years of wilful self-destruction, how could Glennon rise to the challenge of looking after the helpless, innocent child growing within her, when she couldn't even look after herself? This is the inspiring story of Glennon Melton, the mother who, for the love of her child, was determined to change her life forever. Carry on, Warrior is a true woman's book, which touches on the universal themes of friendship, marriage and family in a way that is unique and enlightening. Glennon Melton lives in the US with her husband Craig, her three beautiful children Chase, Tish and Amma and their two dogs. She has an enormous following for her blog and online community momastery.com, and as a recovering alcoholic and bulimic she views writing as a form of healing. Her charity Monkee See - Monkee Do is dedicated to helping struggling parents to provide a better life for themselves and their children.

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## Customer Reviews

I don't know how to review this book. I enjoyed parts of it. Certainly there are a couple ideas in here I find great, while not original. Unfortunately, I must question the overall veracity and authenticity of this memoir. The author jumps from the hung-over positive pregnancy test to relative marital bliss and apparently instant abstinence from drugs, alcohol, cigarettes and bingeing. We are vaguely given to understand her impending Motherhood was the impetus to overcome her addictions, however details are sorely lacking. Did she attend meetings regularly? Did she go to a treatment program or receive any professional assistance? Her story is implausible. For full disclosure, I bought the book used for a pittance, knowing what sort of book it would probably be, having read some of her blog. I first learned of Glennon from a recovery blog I follow, and wanted to learn more about this person so admired in the Community. I enjoyed some of Ms Melton's spiritual musings. Yes, some were unconventional or even awkward, but that is part of the charm. And yes being brave and kind are great things to practice and teach your kids. Unfortunately there are several things here that dilute the power of her story as they do not ring true. I do not believe that she has never cooked food for her family, as she portrays herself as "middle-class". I do not believe that she does not own pots or pans. If it is a joke, it falls very short. I do not believe she gets take out food 7 nights a week for herself and her family and maintains her weight somewhere around 100 pounds, if we are to believe her pictures. I also do not believe that she never vacuums her house, and if she doesn't, I don't find it funny.

I really feel that I need to review this in two parts to accurately convey my feelings about this book, so I'm going to start with the nitty gritty here--the writing. I find books written from blogs to be problematic. Writing a book and writing a blog are not the same thing and, taking pieces from a blog and putting them into a book tends to be unsatisfying for me. A blog post does not a chapter make. I'm sure there have been blogs to books that are able to avoid this misstep, but Carry On, Warrior is not one of them. Melton's writing is entertaining--in small doses. I suppose if I had had the luxury to

read one chapter of this book every couple of days I might have found it more satisfying, but that was not the case. While there were passages, and sometimes entire chapters, that I found entertaining, the book as a whole was just too, well, bloggy. Carry On, Warrior also fell into the chronology trap. On a blog, you can follow whatever timeline your heart desires--it is one of the freedoms a blog allows. However, you cannot apply that same principle in a book. Melton seemed to be all over the place with her chronology. For example, she talked about wanting to adopt. Then she talked about not adopting, then she finished the book with the entire adoption drama. I really just couldn't keep things straight. Okay, part number two. If you are a fan of Melton's site, Momastery, you will like this book. In fact, I'd be surprised if you didn't absolutely love it. And you should stop reading this review right now. I will admit that I'm not a regular reader of her blog, but I "like" her on Facebook and sometimes I pop in to see what she's writing about. However, beyond that, I am a pretty clean slate when it comes to Glennon Doyle Melton.

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